

## **IFSP Funding is Changing! August 25, 2020**

IFSP invites you to attend our virtual town hall sessions to learn about the upcoming changes to our funding program. The application is not available now, but join us to learn important details about the future release. Registration details and additional information can be found at the [My Life, My Community](#) site.

**If you need this message provided in Spanish or another language, please contact us at 804-663-7277.**

**Si necessita este mensaje proporcionado en Español u otro idioma, por favor contáctenos en 804-663-7277**

**While you are waiting on a waiver, you or your family member may be able to access the following supports:**

Financial assistance through the [Individual and Family Support Program \(IFSP\) Funding Program](#).

Assistance for individuals on the waiver waiting list to rent their own housing through one of [DBHDS's Integrated, Independent Housing Resources](#).

Family and Peer Mentoring and advice from a family like yours through the [VCU Center for Family Involvement Family to Family \(F2F\) Program](#).

General information on [waivers](#), [providers](#), and [services](#) via the [My Life, My Community](#) website operated by disAbilityNavigator.

Connections to other families in your community through the [IFSP Regional Councils](#).

[Case managers](#) who can answer questions for you at your local Community Services Board (CSB).

If you have a child who is under the age of 3 years old, you may be eligible for Early Intervention Services through the [Infant and Toddler Connection](#).

If you have run into barriers with accessing supports for health and/or safety related issues, please contact your local [Community Services Board \(CSB\)](#) to see if you are eligible for assistance from the DBHDS Office of Integrated Health.

If you would prefer to speak with a live operator, you can contact My Life, My Community at 844-603-9248 (Monday through Friday from 9:00 a.m. to 4:00 p.m.). Operators can assist you with finding the CSB that serves your community, as well as help you navigate the My Life, My Community website.

If you would like to receive updates about programs and supports that you may be eligible for, please sign up for our email list at <http://tinyurl.com/ifsplist>. This is the best way to get the most up-to-date information, including updates on the IFSP-Funding Program.

For more information visit <http://www.mylifemycommunityvirginia.org/> and select “Resources for Families”

**If at any time you experience a behavioral or mental health crisis, [contact your local CSB](#).**

**If immediate help is needed for an individual with developmental disabilities experiencing a behavioral or mental health crisis, please contact the [REACH crisis services program](#).**

The REACH program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events that put them at risk for homelessness, incarceration, hospitalization, and/or danger to themselves or others. REACH services are available statewide, with one regional program being located in each of the Commonwealth’s five DBHDS regions (Southwestern, Western, Northern, Central, and Eastern). The contact for your region is highlighted below:

**Region I Adult Crisis Line:** (855) 917-8278 (Charlottesville)

**Region I Children Crisis Line:** (888) 908-0486 (Lynchburg)

**Region II Crisis Line Children and Adults:** (855) 897-8278 (Woodbridge)

**Region III Crisis Line Children and Adults:** (855) 887-8278 (Radford)

**Region IV Crisis Line Children and Adults:** (855) 282-1006 (Chester)

**Region V Crisis Line Children and Adults:** (888)255-2989 (Suffolk)

To learn more about the IFSP, visit us on-line at [Virginia Department of Behavioral Health and Developmental Services- IFSP](#)